2025/3/22日 台南成大醫學院 第一講堂

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| **Cardiovascular-Kidney-Metabolic syndrome**  |
| **Time** | **Topic** | **Speaker** |
| 13:30~13:35 |  Opening |
| 13:35~13:55 | **The definitions and pathophysiology of CKM syndrome** | **黃金洲** |
| 13:55~14:15 | **The staging and clinical impacts of CKM syndrome** | **洪思群** |
| 14:15~14:35 | **The optimal strategies for prevention and management of CKM syndrome** | **王俊興** |
| 14:35~14:45 | Discussion  |
| 14:45~14:50 | Closing |

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| **TSLA & 台灣腦中風學會 Joint Symposium**  Innovations in Integrated Cerebrovascular Disease Management |
| **15:10~15:15** |  **Opening** | **劉秉彥** |
| **15:15~15:35** | **Advancements in Precision Medicine for Stroke Management** | **湯頌君** |
| **15:35~15:55** | **Cerebral Microbleeds in Cardiovascular Diseases: Pathophysiology and Personalized Therapies.**  | **蔡欣熹** |
| **15:55~16:15** | **Cognitive Impairment in Cardiovascular Diseases: Screening and Management Approaches** | **宋碧姍** |
| **16:15~16:30** | **Discussion**  |
| **16:35~17:15** | **Short-Term Efficacy of Advanced Lipid Treatment in Recent MI Patients** | [**林姝含**](https://www.facebook.com/people/%E6%9E%97%E5%A7%9D%E5%90%AB%E9%86%AB%E5%B8%AB-%E6%96%B0%E5%85%89%E9%86%AB%E9%99%A2%E5%BF%83%E8%87%9F%E5%85%A7%E7%A7%91/100094236674290/) |

2025/3/23日 台南成大醫學院 第一講堂

 營養學 :預防心血管疾病運動與營養

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| **Time** | **Topic** | **Speaker** | **Moderator** |
| 09:00~09:10 |  Opening | **潘文涵 理事** |
| 09:10~09:40 | **談心血管疾病的運動處方(暫定)** | **成大醫院復健部****謝佩君醫師** |
| 09:40~09:50 | **Discussion**  |
| 09:50~10:20 | **不同運動方式及強度對改善高血脂的效果** | **國立台灣體育運動大學****張振崗副校長** | **蔡一賢 理事** |
| 10:20~10:30 | **Discussion**  |
| 10:30~11:00 | **遊山玩水之心血管健康促進與食慾反應** | **國立體育大學運動科學研究所錢桂玉教授** |  **郭素娥 理事** |
| 11:00~11:30 | Discussion& Closing |